

PN theory: Far-zone physics

Recall the wave-zone solution to $\square\psi = -4\pi\mu$

$$\frac{\mu(t - |\mathbf{x} - \mathbf{x}'|/c, \mathbf{y})}{|\mathbf{x} - \mathbf{x}'|} = \sum_{\ell=0}^{\infty} \frac{(-1)^\ell}{\ell!} x'^L \partial_L \frac{\mu(t - r/c, \mathbf{y})}{r}.$$

$$\psi_{\mathcal{N}}(t, \mathbf{x}) = \sum_{\ell=0}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \mu(\tau, \mathbf{x}') x'^L d^3 x' \right]$$

Must add the integral over the wave zone $\psi_{\mathcal{W}}$

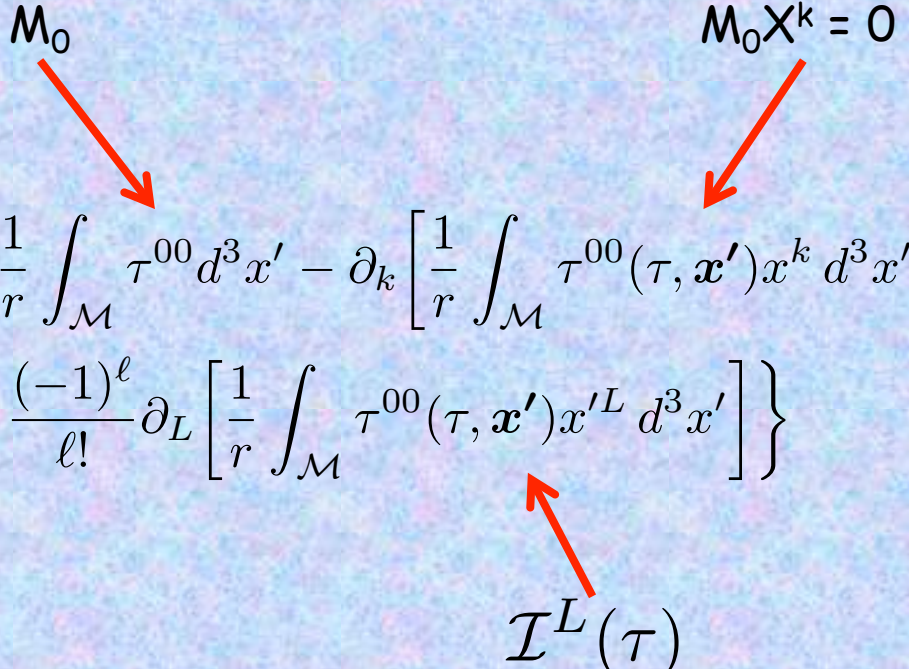
For the field $h^{\alpha\beta}$:

$$h_{\mathcal{N}}^{\alpha\beta}(t, \mathbf{x}) = \frac{4G}{c^4} \sum_{\ell=0}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{\alpha\beta}(\tau, \mathbf{x}') x'^L d^3 x' \right]$$



General form of wave-zone fields

$$\begin{aligned}
 h_{\mathcal{N}}^{00}(t, \mathbf{x}) = & \frac{4G}{c^4} \left\{ \frac{1}{r} \int_{\mathcal{M}} \tau^{00} d^3 x' - \partial_k \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{00}(\tau, \mathbf{x}') x^k d^3 x' \right] \right. \\
 & \left. + \sum_{\ell=2}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{00}(\tau, \mathbf{x}') x'^L d^3 x' \right] \right\}
 \end{aligned}$$

M_0 $M_0 X^k = 0$


$$h_{\mathcal{N}}^{00} = \frac{4GM_0}{c^2 r} + \frac{4G}{c^2} \sum_{\ell=2}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{\mathcal{I}^L(\tau)}{r} \right]$$



General form of wave-zone fields

$$p_j = 0$$

$$\tau^{0j} x^k = \frac{1}{2} \partial_0 (\tau^{00} x^j x^k) + \tau^{0[j} x^{k]} + \frac{1}{2} \partial_p (\tau^{0p} x^j x^k)$$

$$h_{\mathcal{N}}^{0j}(t, \mathbf{x}) = \frac{4G}{c^4} \left\{ \frac{1}{r} \int_{\mathcal{M}} \tau^{0j} d^3 x' - \partial_k \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{0j}(\tau, \mathbf{x}') x^k d^3 x' \right] + \sum_{\ell=2}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{0j}(\tau, \mathbf{x}') x'^L d^3 x' \right] \right\}$$

$$h_{\mathcal{N}}^{0j} = -\frac{2G}{c^3} \frac{(\mathbf{n} \times \mathbf{J}_0)^j}{r^2} - \frac{2G}{c^3} \partial_k \left[\frac{\dot{I}^{jk}(\tau)}{r} \right] + \frac{4G}{c^4} \sum_{\ell=2}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{0j}(\tau, \mathbf{x}') x'^L d^3 x' \right]$$



General form of wave-zone fields

$$h_{\mathcal{N}}^{jk}(t, \mathbf{x}) = \frac{4G}{c^4} \sum_{\ell=0}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{jk}(\tau, \mathbf{x}') x'^L d^3 x' \right]$$

$$\tau^{jk} = \frac{1}{2} \partial_{00} (\tau^{00} x^j x^k) + \frac{1}{2} \partial_p (2\tau^{p(j} x^{k)}) - \partial_q \tau^{pq} x^j x^k$$

$$h_{\mathcal{N}}^{jk} = \frac{2G}{c^4} \frac{\ddot{I}^{jk}(\tau)}{r} + \frac{4G}{c^4} \sum_{\ell=1}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{jk}(\tau, \mathbf{x}') x'^L d^3 x' \right]$$



General form of wave-zone fields

In the far-away wave-zone, keep only 1/r terms

$$h_{\mathcal{N}}^{00} = \frac{4GM}{c^2 r} + \frac{4G}{c^2} \sum_{\ell=2}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{\mathcal{I}^L(\tau)}{r} \right]$$

$$\Rightarrow \frac{4GM}{c^2 r} + \frac{4G}{rc^2} \sum_{\ell=2}^{\infty} \frac{n^L}{c^\ell \ell!} \frac{d^\ell}{d\tau^\ell} \mathcal{I}^L(\tau)$$

$$h_{\mathcal{N}}^{0j} = -\frac{2G}{c^3} \frac{(\mathbf{n} \times \mathbf{J}_0)^j}{r^2} - \frac{2G}{c^3} \partial_k \left[\frac{\dot{\mathcal{I}}^{jk}(\tau)}{r} \right] + \frac{4G}{c^4} \sum_{\ell=2}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{0j}(\tau, \mathbf{x}') x'^L d^3 x' \right]$$

$$\Rightarrow \frac{2G}{rc^4} n_k \ddot{\mathcal{I}}^{jk}(\tau) + \frac{4G}{rc^4} \sum_{\ell=2}^{\infty} \frac{n^L}{c^\ell \ell!} \frac{d^\ell}{d\tau^\ell} \mathcal{M}^{0jL}(\tau)$$

$$h_{\mathcal{N}}^{jk} = \frac{2G}{c^4} \frac{\ddot{\mathcal{I}}^{jk}(\tau)}{r} + \frac{4G}{c^4} \sum_{\ell=1}^{\infty} \frac{(-1)^\ell}{\ell!} \partial_L \left[\frac{1}{r} \int_{\mathcal{M}} \tau^{jk}(\tau, \mathbf{x}') x'^L d^3 x' \right]$$

$$\Rightarrow \frac{2G}{rc^4} \ddot{\mathcal{I}}^{jk}(\tau) + \frac{4G}{rc^4} \sum_{\ell=1}^{\infty} \frac{n^L}{c^\ell \ell!} \frac{d^\ell}{d\tau^\ell} \mathcal{M}^{jkL}(\tau)$$

$$\partial_k r = n_k$$

$$\partial_k r^{-1} = -\frac{n_k}{r^2}$$

$$\partial_j n_k = \frac{1}{r} (\delta_{jk} - n_j n_k)$$

$$\partial_k \tau = -\frac{1}{c} n_k$$

$$h^{00} = \frac{4GM}{c^2 R} + \frac{G}{c^4 R} C(\tau, \mathbf{N})$$

$$h^{0j} = \frac{G}{c^4 R} D^j(\tau, \mathbf{N})$$

$$h^{jk} = \frac{G}{c^4 R} A^{jk}(\tau, \mathbf{N})$$



Far wave-zone fields & TT gauge

$$\partial_j h^{\alpha\beta} = -\frac{1}{c} N_j \partial_\tau h^{\alpha\beta} + O(R^{-2})$$

Harmonic gauge

$$\partial_\beta h^{\alpha\beta} = 0 = \frac{1}{c} (\partial_\tau h^{\alpha 0} - N_j \partial_\tau h^{\alpha j}) + O(R^{-2})$$

Integrating:

$$C = N_j D^j = N_j N_k A^{jk}$$

$$D^j = N_k A^{jk}$$

Gauge (coordinate) transformation

$$h^{\alpha\beta} \rightarrow h^{\alpha\beta} - \partial^\alpha \zeta^\beta - \partial^\beta \zeta^\alpha + (\partial_\mu \zeta^\mu) \eta^{\alpha\beta}$$

Stay within harmonic gauge as long as $\square \zeta^\alpha = 0$

$$\zeta^0 = \frac{G}{c^3 R} \alpha(\tau, \mathbf{N}) + O(R^{-2})$$

$$\zeta^j = \frac{G}{c^3 R} \beta^j(\tau, \mathbf{N}) + O(R^{-2})$$

$$h^{00} = \frac{4GM}{c^2 R} + \frac{G}{c^4 R} C(\tau, \mathbf{N})$$

$$h^{0j} = \frac{G}{c^4 R} D^j(\tau, \mathbf{N})$$

$$h^{jk} = \frac{G}{c^4 R} A^{jk}(\tau, \mathbf{N})$$

(from now on, $r \rightarrow R$, $n_j \rightarrow N_j$)



Far wave-zone fields & TT gauge

After a gauge transformation:

$$h^{00} \rightarrow \frac{4GM}{c^2 R} + \frac{G}{c^4 R} (C + \dot{\alpha} + N_j \dot{\beta}^j)$$

$$h^{0j} \rightarrow \frac{G}{c^4 R} (D^j + \dot{\beta}^j + N^j \dot{\alpha})$$

$$h^{jk} \rightarrow \frac{G}{c^4 R} \left[A^{jk} + 2N^{(j} \dot{\beta}^{k)} + \delta^{jk} (\dot{\alpha} - N_m \dot{\beta}^m) \right]$$

Insert β^j

$$h^{jk} \rightarrow \frac{G}{c^4 R} \left[A^{jk} - 2\dot{\alpha} N^j N^k - 2N^{(j} N_n A^{k)n} + \delta^{jk} (2\dot{\alpha} + N_m N_n A^{mn}) \right]$$

Note that $h = h^k_k = \frac{G}{c^4 R} [A + 4\dot{\alpha} + N_k N_n A^{kn}]$

Free to choose α so that $h = 0$: $\dot{\alpha} = -\frac{1}{4}(A + N_k N_n A^{kn})$

Final answer:

$$h^{jk} = \frac{G}{c^4 R} A_{mn} \left[P^{jm} P^{kn} - \frac{1}{2} P^{jk} P^{mn} \right]$$

$$\equiv \frac{G}{c^4 R} A_{\text{TT}}^{jk}$$

To kill the h^{00} & h^{0j} terms:

$$\dot{\beta}^j + N^j \dot{\alpha} = -D^j = -N_m A^{jm}$$

$$N_j \dot{\beta}^j + \dot{\alpha} = -N_j D^j = -C$$

$$N_k h^{jk} = 0$$

$$P^{jm} = \delta^{jm} - N^j N^m$$

$$P^{jm} P^{jn} = P^{mn}$$

$$P^{kk} = 2$$



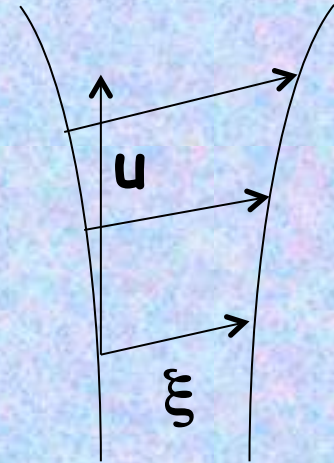
Wave zone physics: Gravitational waves

Geodesic deviation:
$$\frac{D^2 \xi^\alpha}{ds^2} = -R^\alpha_{\beta\gamma\delta} u^\beta \xi^\gamma u^\delta$$

In the rest frame of an observer

$$\begin{aligned} \frac{d^2 \xi^j}{dt^2} &= -c^2 R_{0j0k} \xi^k \\ &= \frac{1}{2} \partial_{\tau\tau} h_{TT}^{jk} \xi^k \\ &= \frac{G}{2c^4 R} \ddot{A}_{TT}^{jk} \xi^k \end{aligned}$$

$$\xi^j(t) = \xi^j(0) + \frac{1}{2} h_{TT}^{jk}(t - R/c) \xi_k(0)$$



Wave zone physics: Gravitational waves

Wave in the z-direction

$$A_{\text{TT}}^{jk} = \begin{pmatrix} A_+ & A_\times & 0 \\ A_\times & -A_+ & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

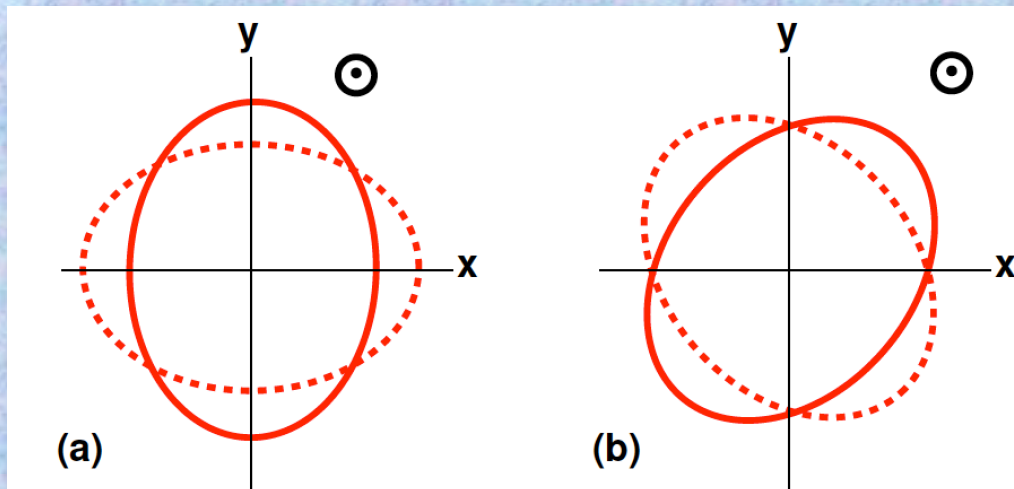
More generally: $e_z = N$

$$A_{\text{TT}}^{jk} = (e_X^j e_X^k - e_Y^j e_Y^k) A_+ + (e_X^j e_Y^k + e_Y^j e_X^k) A_\times$$

$$x(t) = x_0 + \frac{G}{2c^4 R} (A_+ x_0 + A_\times y_0),$$

$$y(t) = y_0 + \frac{G}{2c^4 R} (A_\times x_0 - A_+ y_0),$$

$$z(t) = z_0$$



Wave zone physics: The quadrupole formula

Requires two iterations of the relaxed Einstein equation:

$$\begin{aligned}
 h_{2\mathcal{N}}^{ij} &= \frac{4G}{c^4} \int \frac{\tau^{ij}(h_1)(t - |\mathbf{x} - \mathbf{x}'|/c, \mathbf{x}')}{|\mathbf{x} - \mathbf{x}'|} d^3x' \\
 &= \frac{2G}{rc^4} \ddot{I}^{jk}(h_1)(\tau) + \frac{4G}{rc^4} \sum_{\ell=1}^{\infty} \frac{n^L}{c^\ell \ell!} \frac{d^\ell}{d\tau^\ell} \mathcal{M}^{jkL}(h_1)(\tau) \\
 &= \frac{2G}{rc^4} \ddot{I}^{jk}(h_1)(\tau) + O(c^{-5})
 \end{aligned}$$

$$\begin{aligned}
 \mathcal{I}^{jk}(\tau) &:= \int_{\mathcal{M}} c^{-2} \tau^{00}(\tau, \mathbf{x}') x'^j x'^k d^3x' \\
 &= \int_{\mathcal{M}} \rho^*(\tau, \mathbf{x}') x'^j x'^k d^3x' + O(c^{-2})
 \end{aligned}$$

For an N-body system

$$\ddot{I}^{ij} = 2 \sum_A M_A v_A^{ij} - \sum_{A \neq B} \frac{GM_A M_B}{r_{AB}} n_{AB}^{ij}$$

- ❑ By convention, the quadrupole formula is called the ``Newtonian''-order result
- ❑ Higher order PN corrections can be calculated by further iterating the relaxed equations
- ❑ 3 iterations needed for 1 & 1.5 PN order, 4 for 2PN order etc, but full details usually not needed

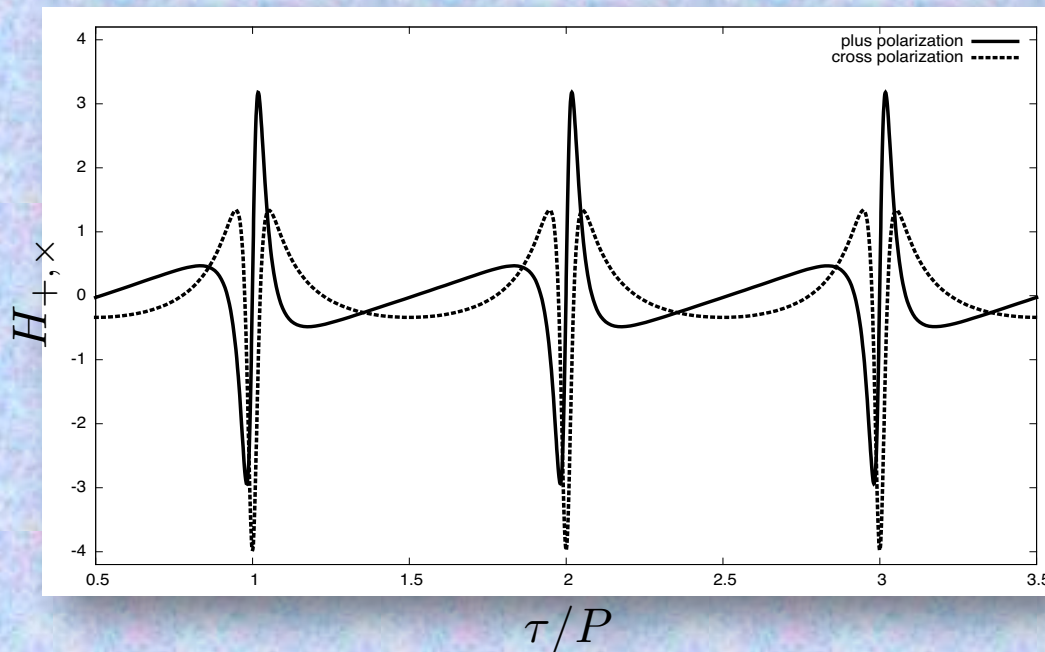
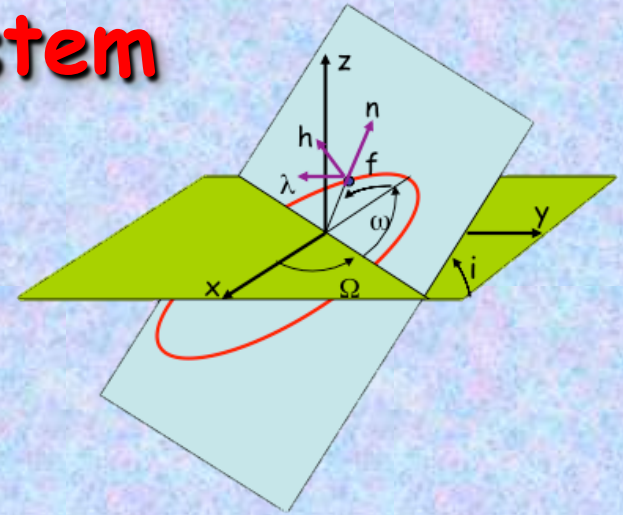


Waves from a binary system

$$h_{+(\times)} = \frac{2Gm\eta}{c^2 R} \left(\frac{Gm}{c^2 p} \right) H_{+(\times)}$$

$$H_+ = -(1 + \cos^2 \iota) \left[\cos(2\phi + 2\omega) + \frac{5}{4}e \cos(\phi + 2\omega) + \frac{1}{4}e \cos(3\phi + 2\omega) + \frac{1}{2}e^2 \cos 2\omega \right] + \frac{1}{2}e \sin^2 \iota (\cos \phi + e),$$

$$H_\times = -2 \cos \iota \left[\sin(2\phi + 2\omega) + \frac{5}{4}e \sin(\phi + 2\omega) + \frac{1}{4}e \sin(3\phi + 2\omega) + \frac{1}{2}e^2 \sin 2\omega \right]$$



$$e = 0.7$$

$$\iota = 30^\circ$$

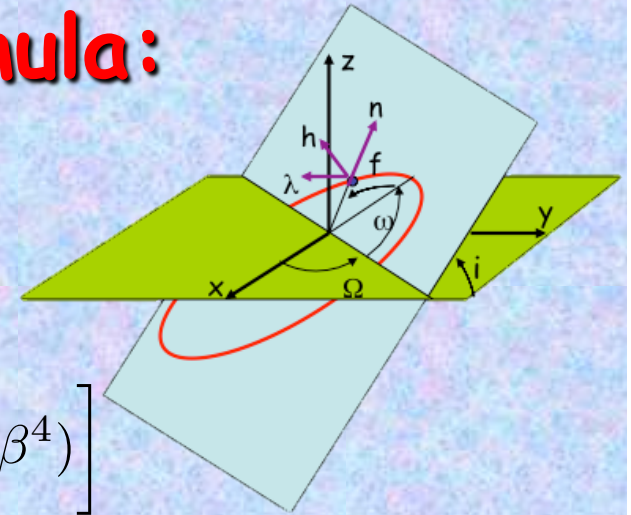
$$\omega = 45^\circ$$



Beyond the quadrupole formula:

For a binary system in a circular orbit:

$$h_{+, \times} = \frac{2\eta Gm}{c^2 R} \beta^2 \left[(1 + 2\pi\beta^3) H_{+, \times}^{[0]} + \Delta\beta H_{+, \times}^{[1/2]} + \beta^2 H_{+, \times}^{[1]} + \Delta\beta^3 H_{+, \times}^{[3/2]} + \beta^3 H_{+, \times}^{\text{tail}} + O(\beta^4) \right]$$



$$H_{\times}^{[0]} = -2C \sin 2\Psi,$$

$$H_{\times}^{[1/2]} = -\frac{3}{4}SC \sin \Psi + \frac{9}{4}SC \sin 3\Psi,$$

$$H_{\times}^{[1]} = \frac{1}{3}C \left[(17 - 4C^2) - (13 - 12C^2)\eta \right] \sin 2\Psi - \frac{8}{3}(1 - 3\eta)S^2C \sin 4\Psi,$$

$$H_{\times}^{[3/2]} = \frac{1}{96}SC \left[(63 - 5C^2) - 2(23 - 5C^2)\eta \right] \sin \Psi$$

$$- \frac{9}{64}SC \left[(67 - 15C^2) - 2(19 - 15C^2)\eta \right] \sin 3\Psi + \frac{625}{192}(1 - 2\eta)S^3C \sin 5\Psi,$$

$C = \cos \iota$
 $S = \sin \iota$

$$\beta = \left(\frac{Gm\Omega}{c^3} \right)^{1/3} \sim \frac{v}{c}, \quad m = M_1 + M_2, \quad \eta = \frac{M_1 M_2}{(M_1 + M_2)^2}, \quad \Delta = \frac{M_1 - M_2}{M_1 + M_2}$$



Beyond the quadrupole formula:

$$h_{+, \times} = \frac{2\eta Gm}{c^2 R} \beta^2 \left[(1 + 2\pi\beta^3) H_{+, \times}^{[0]} + \Delta\beta H_{+, \times}^{[1/2]} + \beta^2 H_{+, \times}^{[1]} + \Delta\beta^3 H_{+, \times}^{[3/2]} + \beta^3 H_{+, \times}^{\text{tail}} + O(\beta^4) \right]$$

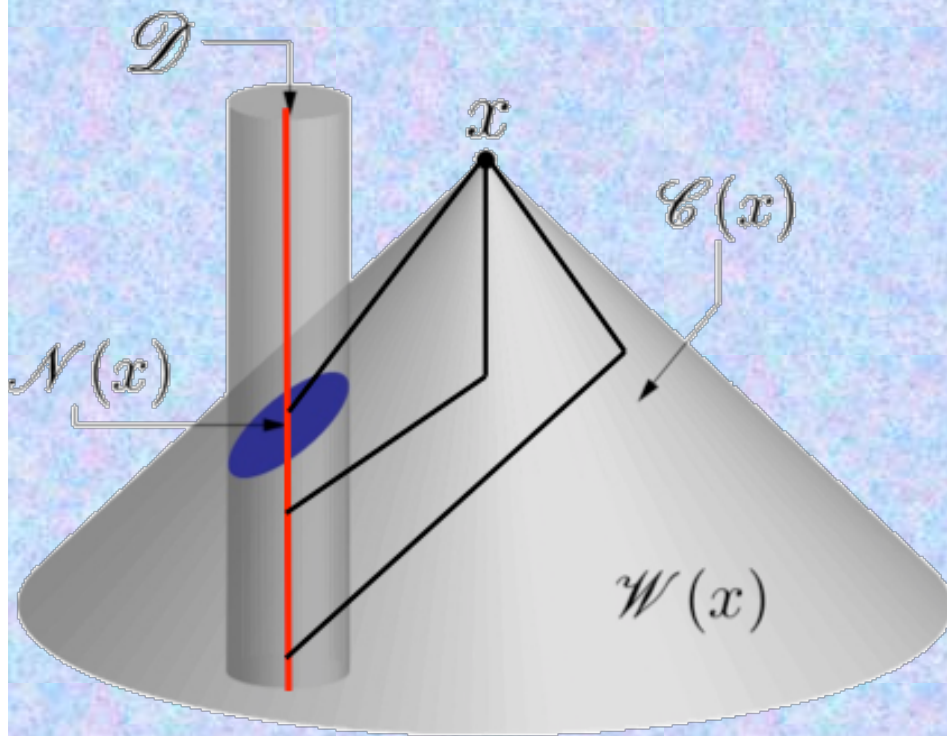
$$\beta = \left(\frac{Gm\Omega}{c^3} \right)^{1/3}$$

$$H_{\times}^{[0]} = -2C \sin 2\Psi$$

$$H_{\times}^{\text{tail}} = 8C [\gamma + \ln(4\Omega R/c)] \cos 2\Psi$$

Combine with the leading term:

$$\begin{aligned} & \sin 2\Psi - 4 \frac{Gm\Omega}{c^3} \ln(4\Omega R/c) \cos 2\Psi \\ &= \sin \left[2\Omega \left(t - R/c - 2 \frac{Gm}{c^3} \ln(4\Omega R/c) \right) \right] \end{aligned}$$



Shapiro
time delay



Gravitational-wave estimates

$$h_{\text{TT}}^{jk} = \frac{2G}{c^4 R} \ddot{I}_{\text{TT}}^{jk} \\ \sim \frac{GM}{c^2 R} (v_c/c)^2 \sim 4.8 \times 10^{-19} \left(\frac{M}{10 M_\odot} \right) \left(\frac{1 \text{ Mpc}}{R} \right) (v_c/c)^2$$

Binary system

$$(v_c/c)^2 \sim GM/c^2 a \sim (2\pi GM/c^3 P)^{2/3}$$

$$h_0 \simeq \frac{3.0 \times 10^{-21}}{1 - e^2} \left(\frac{\mathcal{M}}{20 M_\odot} \right)^{5/3} \left(\frac{10 \text{ ms}}{P} \right)^{2/3} \left(\frac{100 \text{ Mpc}}{R} \right)$$

Chirp mass

$$\mathcal{M} \equiv \eta^{3/5} m = \left(\frac{m_1^3 m_2^3}{m} \right)^{1/5}$$

Deformed neutron star

$$h_0 \simeq 6.8 \times 10^{-25} \left(\frac{\varepsilon}{10^{-6}} \right) \left(\frac{I_3}{1.6 \times 10^{38} \text{ kg m}^2} \right) \left(\frac{10 \text{ ms}}{P} \right)^2 \left(\frac{1 \text{ kpc}}{R} \right)$$

Supernova core collapse

$$h_0 \sim 4.8 \times 10^{-21} \left(\frac{\varepsilon}{10^{-3}} \right) \left(\frac{M}{M_\odot} \right) \left(\frac{10 \text{ kpc}}{R} \right)$$

