

11/18/2016

Action formulation

$$S = \int d^4x \mathcal{L}$$

$$d^4x' = \left| \det \frac{\partial x'^{\mu}}{\partial x^{\nu}} \right| d^4x$$

$$\sqrt{|g'|} d^4x' = \sqrt{|g|} d^4x$$

$$g'_{\mu\nu} = \frac{\partial x^{\alpha}}{\partial x'^{\mu}} \frac{\partial x^{\beta}}{\partial x'^{\nu}} g_{\alpha\beta}$$

$$\Rightarrow \det g' = \left| \det \frac{\partial x^{\alpha}}{\partial x'^{\mu}} \right|^2 \det g$$

$$\sqrt{|g'|} = \left| \det \frac{\partial x^{\alpha}}{\partial x'^{\mu}} \right| \sqrt{|g|}$$

Flat, cartesian  $|g|=1$ .

$$\text{proper volume} = \sqrt{|g|} d^4x$$

$$S = \int \sqrt{|g|} d^4x \mathcal{L}$$

scalar

gravity

$g_{\mu\nu}$

$$\frac{\partial^2 g_{\mu\nu}}{\partial x^{\alpha} \partial x^{\beta}}$$

$$\frac{R_{\mu\nu}}{P} \quad \frac{G_{\mu\nu}}{P} \quad \frac{C^{\mu}_{\nu\alpha\beta}}{P}$$

No more derivatives

$$\rightarrow R = g^{\mu\nu} R_{\mu\nu} = g^{\mu\nu} R^{\rho}_{\mu\rho\nu}$$

$$R = R^{\rho\mu}_{\rho\mu}$$

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## Einstein-Hilbert action

$$S = \int \underbrace{\sqrt{g}}_{\text{Normalization}} d^4x R + (\text{Matter}) = \int \sqrt{g} g^{\mu\nu} P_{\mu\nu}$$

$$\delta S = \int d^4x \left[ \int \sqrt{g} g^{\mu\nu} \delta R_{\mu\nu} + \sqrt{g} R_{\mu\nu} \delta g^{\mu\nu} + R \delta(\sqrt{g}) \right]$$

$$\underline{g^{\mu\lambda} \cdot g_{\lambda\nu} = \delta^{\mu}_{\nu}} \rightarrow \delta g^{\mu\lambda} g_{\lambda\nu} + g^{\mu\lambda} \delta g_{\lambda\nu} = 0$$

$$\boxed{\delta g_{\mu\nu} = -g_{\mu\lambda} \delta g^{\lambda\sigma} g_{\sigma\nu}}$$

$$\delta\left(\frac{1}{\sqrt{g}}\right) = -\frac{\delta g}{2g}$$

As before:  $\det g = \prod_i \lambda_i = \exp\left(\sum_i \log \lambda_i\right)$

$$\frac{\delta(\det g)}{(\det g)} = \frac{\delta g}{g} = \text{Tr}\left(g^{-1} \delta g\right) = \text{Tr}\left(\delta g g^{-1}\right)$$

$$\frac{\delta g}{g} = g^{\mu\nu} \delta g_{\mu\nu}$$

$$\frac{\delta(\sqrt{g})}{\sqrt{g}} = \frac{1}{2} g^{\mu\nu} \delta g_{\mu\nu} = -\frac{1}{2} g_{\mu\nu} \delta g^{\mu\nu}$$

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$$\delta S = \int d^4x \cdot \sqrt{g} g^{\mu\nu} \delta R_{\mu\nu} + \int d^4x (\sqrt{g} \delta g^{\mu\nu}) \left( R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R \right)$$

$$R^{\rho}_{\mu\lambda\nu} = \partial_{\lambda} \Gamma^{\rho}_{\nu\mu} - \partial_{\nu} \Gamma^{\rho}_{\lambda\mu} + \text{Frame } (R=0)$$

$$\delta R^{\rho}_{\mu\lambda\nu} = \partial_{\lambda} (\delta \Gamma^{\rho}_{\nu\mu}) - \partial_{\nu} (\delta \Gamma^{\rho}_{\lambda\mu})$$

$\Gamma^{\rho}_{\nu\mu}$  is not a tensor, but  $\delta \Gamma^{\rho}_{\nu\mu} \stackrel{!}{=} \nabla^{\rho} \delta \nu - \nabla_{\nu} \delta \rho$

$$\delta R^{\rho}_{\mu\lambda\nu} = \nabla_{\lambda} (\delta \Gamma^{\rho}_{\nu\mu}) - \nabla_{\nu} (\delta \Gamma^{\rho}_{\lambda\mu})$$

Trace (A),  $\delta R_{\mu\nu} = \nabla_{\lambda} (\delta \Gamma^{\lambda}_{\nu\mu}) - \nabla_{\nu} (\delta \Gamma^{\lambda}_{\lambda\mu})$

$$\delta S_1 = \int d^4x \sqrt{g} \cdot g^{\mu\nu} [\nabla_{\lambda} (\delta \Gamma^{\lambda}_{\nu\mu}) - \nabla_{\nu} (\delta \Gamma^{\lambda}_{\lambda\mu})]$$

$$\delta \Gamma^{\sigma}_{\mu\nu} = \frac{1}{2} g^{\sigma\rho} (\delta g_{\rho\mu,\nu} + \delta g_{\rho\nu,\mu} - \delta g_{\rho\mu\nu,\rho})$$

$$\delta g_{\alpha\beta} = -g^{\gamma\mu} g^{\nu\rho} \delta g_{\mu\nu,\rho}$$

$$\rightarrow -\frac{1}{2} [g_{\lambda\mu} \nabla_{\nu} (\delta g^{\lambda\sigma}) + g_{\lambda\nu} \nabla_{\mu} (\delta g^{\lambda\sigma}) - g_{\mu\rho} g_{\nu\beta} \nabla^{\sigma} (\delta g^{\mu\beta})]$$

$$SS_1 = \int d^4x \sqrt{g} \cdot \nabla_\sigma \left[ g_{\mu\nu} \cdot \nabla^\sigma (g^{\mu\nu}) - \nabla_\lambda (g g^{\sigma\lambda}) \right]$$

useful formula

$$V^\sigma_{;\sigma} = V^\sigma_{,\sigma} + \Gamma^\sigma_{\lambda\sigma} V^\lambda$$

$$V^\sigma_{;\sigma} = \frac{1}{\sqrt{g}} (\sqrt{g} V^\sigma)_{,\sigma}$$

$$\Gamma^\sigma_{\lambda\sigma} = \frac{1}{2} g^{\sigma\tau} (g_{\tau\lambda, \sigma} + g_{\tau\sigma, \lambda} - g_{\lambda\sigma, \tau})$$

$$= \frac{1}{2} g^{\sigma\tau} g_{\sigma\tau, \lambda} = \partial_\lambda (\sqrt{g})$$

$$SS_1 = \int d^4x \cdot \sqrt{g} \left( \frac{1}{\sqrt{g}} (\sqrt{g} \cdot V^\sigma)_{,\sigma} \right)$$

$$= \int d^4x \partial_\sigma (\text{Surface})$$

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$$S_H = \int d^4x \sqrt{g} \left( R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} \right)$$

Vacuum  $\rightarrow S_H \rightarrow 0$        $G_{\mu\nu} \rightarrow 0$

$$S = \frac{1}{16\pi G} S_H + S_{matter}$$

$\delta S = 0 \rightarrow \frac{1}{16\pi G} G_{\mu\nu} + \frac{\delta S_{matter}}{\delta g^{\mu\nu}} = 0$

$\delta S = 0 \rightarrow G_{\mu\nu} = 8\pi G T_{\mu\nu}$        $T_{\mu\nu} = -2 \frac{\delta S_{matter}}{\delta g^{\mu\nu}}$

$$S_m = \int d^4x \sqrt{g} \mathcal{L}_m$$

$$\delta S_m = \int d^4x \sqrt{g} \left( -\frac{1}{2} g_{\mu\nu} \mathcal{L}_m + \frac{\partial \mathcal{L}_m}{\partial g^{\mu\nu}} \right)$$

$$T_{\mu\nu} = -2 \frac{\partial \mathcal{L}_m}{\partial g^{\mu\nu}} + g_{\mu\nu} \mathcal{L}_m$$

Automatically Symmetric